

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
	SUPERFIT RÜCKEN 09:00 - 09:50	LES MILLS BODYPUMP 09:00 - 09:50	LES MILLS BODYPUMP 09:00 - 09:50	LES MILLS BODYPUMP 09:30 - 10:20		
ZUMBA FITNESS ZUMBA 10:00 - 10:50	LES MILLS BODYPUMP 10:00 - 10:50	SUPERFIT YOGA 10:00 - 11:20	LES MILLS BODYBALANCE 10:00 - 10:50	SUPERFIT YOGA 10:30 - 11:50	SUPERFIT RÜCKEN 10:00 - 10:50	LES MILLS BODYPUMP 10:00 - 10:50
SUPERFIT PILATES 11:00 - 11:50	Shapes LES MILLS SHAPES 11:00 - 11:45	ZUMBA FITNESS ZUMBA 11:30 - 12:20	SUPERFIT PILATES 11:00 - 11:50	SUPERFIT PILATES 12:00 - 12:50	LES MILLS BODYJAM 11:00 - 11:50	LES MILLS BODYATTACK 11:00 - 11:50
LES MILLS BODYPUMP 12:00 - 12:50					LES MILLS BODYBALANCE 12:00 - 12:50	LES MILLS DANCE 12:00 - 12:45
					LES MILLS BODYPUMP 13:00 - 13:50	SUPERFIT PILATES 13:00 - 13:50
					LES MILLS BODYATTACK 14:00 - 14:50	
SUPERFIT YOGA 16:00 - 17:20	LES MILLS BODYPUMP 16:00 - 16:50		LES MILLS BODYPUMP 16:30 - 17:20	ZUMBA FITNESS ZUMBA 16:30 - 17:20		
LES MILLS BODYJAM 17:30 - 18:20	LES MILLS DANCE 17:00 - 17:45	LES MILLS BODYBALANCE 17:00 - 17:50	LES MILLS BODYCOMBAT 17:30 - 18:20	LES MILLS BODYPUMP 17:30 - 18:20		
LES MILLS BODYATTACK BASICS 18:30 - 18:50	LES MILLS BODYCOMBAT 18:00 - 18:50	LES MILLS BODYPUMP 18:00 - 18:50	LES MILLS BODYBALANCE 18:30 - 19:20	LES MILLS BODYBALANCE 18:30 - 19:20		LES MILLS BODYPUMP 18:00 - 18:50
LES MILLS BODYATTACK 19:00 - 19:50	LES MILLS BODYPUMP 19:00 - 19:50	LES MILLS BODYATTACK 19:00 - 19:50	LES MILLS BODYPUMP 19:30 - 20:20	LES MILLS BODYJAM 19:30 - 20:20		SUPERFIT BAUCH EXPRESS 19:00 - 19:20
LES MILLS BODYPUMP 20:00 - 20:50	SUPERFIT BAUCH EXPRESS 20:00 - 20:20	LES MILLS BODYCOMBAT 20:00 - 20:50	SUPERFIT PILATES 20:30 - 21:20			SUPERFIT YOGA 19:30 - 20:50
	SUPERFIT YOGA 20:30 - 21:50					