

































MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
 SUPERFIT YOGA 09:00 - 10:20		 SUPERFIT BAUCH BEINE PO 09:00 - 09:50				
	 LESMILLS BODYPUMP 10:00 - 10:50	 LESMILLS BODYBALANCE 10:00 - 10:50	 SUPERFIT YOGA 09:30 - 10:50		 ZUMBA FITNESS ZUMBA 10:00 - 10:50	 LESMILLS BODYATTACK 10:00 - 10:50
					 LESMILLS BODYPUMP 11:00 - 11:50	 SUPERFIT BAUCH BEINE PO 11:00 - 11:50
					 SUPERFIT BAUCH EXPRESS 12:00 - 12:20	 LESMILLS BODYPUMP 12:00 - 12:50
					 SUPERFIT YOGA 12:30 - 13:50	 SUPERFIT BAUCH EXPRESS 13:00 - 13:20
	 SUPERFIT BAUCH BEINE PO 16:30 - 17:20					
 LESMILLS BODYPUMP 17:00 - 17:50	 LESMILLS BODYATTACK 17:30 - 18:20	 ZUMBA FITNESS ZUMBA 17:30 - 18:20	 SUPERFIT BAUCH BEINE PO 17:00 - 17:50			 LESMILLS BODYATTACK 17:00 - 17:50
 LESMILLS BODYBALANCE 18:00 - 18:50	 LESMILLS BODYPUMP 18:30 - 19:20	 LESMILLS BODYPUMP 18:30 - 19:20	 LESMILLS BODYCOMBAT 18:00 - 18:50	 LESMILLS BODYATTACK 17:30 - 18:20		 LESMILLS BODYBALANCE 18:00 - 18:50
 LESMILLS BODYCOMBAT 19:00 - 19:50	 SUPERFIT BAUCH EXPRESS 19:30 - 19:50	 LESMILLS BODYCOMBAT 19:30 - 20:20	 LESMILLS BODYPUMP 19:00 - 19:50	 LESMILLS BODYBALANCE 18:30 - 19:20		
 LESMILLS BODYPUMP 20:00 - 20:50	 SUPERFIT YOGA 20:00 - 21:20		 LESMILLS BODYBALANCE 20:00 - 20:50	 ZUMBA FITNESS ZUMBA 19:30 - 20:20		