

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
	SUPERFIT RÜCKEN 09:00 - 09:45	LES MILLS BODYPUMP 09:00 - 09:45	LES MILLS BODYPUMP 09:00 - 09:45	LES MILLS BODYPUMP 09:30 - 10:15		
ZUMBA FITNESS ZUMBA 10:00 - 10:45	LES MILLS BODYATTACK 10:00 - 10:45	SUPERFIT YOGA 10:00 - 11:15	LES MILLS BODYBALANCE 10:00 - 10:45	SUPERFIT YOGA 10:30 - 11:45	SUPERFIT RÜCKEN 10:00 - 10:45	LES MILLS BODYPUMP 10:00 - 10:45
SUPERFIT PILATES 11:00 - 11:45	LES MILLS BODYPUMP 11:00 - 11:50	ZUMBA FITNESS ZUMBA 11:30 - 12:20	SUPERFIT PILATES 11:00 - 11:50	SUPERFIT BAUCH BEINE PO 12:00 - 12:50	LES MILLS BODYJAM 11:00 - 11:45	LES MILLS BODYATTACK 11:00 - 11:45
LES MILLS BODYPUMP 12:00 - 12:50					LES MILLS BODYBALANCE 12:00 - 12:45	GRIT 12:00 - 12:25
					LES MILLS BODYPUMP 13:00 - 13:45	
					LES MILLS BODYATTACK 14:00 - 14:50	
SUPERFIT YOGA 16:00 - 17:15	LES MILLS BODYPUMP 16:00 - 16:45		LES MILLS BODYPUMP 16:30 - 17:15	ZUMBA FITNESS ZUMBA 16:30 - 17:15		
LES MILLS BODYJAM 17:30 - 18:15	LES MILLS BODYBALANCE 17:00 - 17:45	LES MILLS BODYBALANCE 17:00 - 17:45	LES MILLS BODYCOMBAT 17:30 - 18:15	LES MILLS BODYPUMP 17:30 - 18:15		
SUPERFIT BAUCH EXPRESS 18:30 - 18:50	LES MILLS BODYCOMBAT 18:00 - 18:45	LES MILLS BODYPUMP 18:00 - 18:45	LES MILLS BODYBALANCE 18:30 - 19:15	LES MILLS BODYBALANCE 18:30 - 19:15		LES MILLS BODYPUMP 18:00 - 18:45
LES MILLS BODYATTACK 19:00 - 19:45	LES MILLS BODYPUMP 19:00 - 19:45	LES MILLS BODYATTACK 19:00 - 19:45	LES MILLS BODYPUMP 19:30 - 20:15	LES MILLS BODYJAM 19:30 - 20:20		SUPERFIT BAUCH EXPRESS 19:00 - 19:20
LES MILLS BODYPUMP 20:00 - 20:50	SUPERFIT BAUCH EXPRESS 20:00 - 20:20	LES MILLS BODYCOMBAT 20:00 - 20:50	LES MILLS BODYATTACK 20:30 - 21:20			SUPERFIT YOGA 19:30 - 20:50
	SUPERFIT YOGA 20:30 - 21:50					