

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
SUPERFIT YOGA 09:00 - 10:15	LESMILLS BODYPUMP 09:00 - 09:45	SUPERFIT BAUCH BEINE PO 09:00 - 09:45	SUPERFIT YOGA 09:00 - 10:15			
SUPERFIT RÜCKEN 10:30 - 11:20	SUPERFIT YOGA 10:00 - 11:15	SUPERFIT RÜCKEN 10:00 - 10:50	SUPERFIT BAUCH BEINE PO 10:30 - 11:15	SUPERFIT RÜCKEN 10:00 - 10:45	LESMILLS BODYPUMP 10:00 - 10:45	LESMILLS BODYPUMP 10:00 - 10:45
	SUPERFIT PILATES 11:30 - 12:20		SALSATION FITNESS SALSATION 11:30 - 12:20	SUPERFIT BAUCH BEINE PO 11:00 - 11:50	SUPERFIT BAUCH EXPRESS 11:00 - 11:20	LESMILLS BODYCOMBAT 11:00 - 11:45
					SUPERFIT YOGA 11:30 - 12:50	ZUMBA FITNESS ZUMBA 12:00 - 12:50
ZUMBA FITNESS ZUMBA 17:00 - 17:45					ZUMBA FITNESS ZUMBA 16:00 - 16:50	
LESMILLS BODYPUMP 18:00 - 18:45	SUPERFIT BAUCH BEINE PO 17:30 - 18:15	LESMILLS BODYPUMP 17:30 - 18:15	SUPERFIT BAUCH BEINE PO 17:30 - 18:15	LESMILLS BODYPUMP 17:00 - 17:45		
LESMILLS BODYATTACK 19:00 - 19:45	ZUMBA FITNESS ZUMBA 18:30 - 19:15	ZUMBA FITNESS ZUMBA 18:30 - 19:15	LESMILLS BODYATTACK 18:30 - 19:15	SUPERFIT BAUCH EXPRESS 18:00 - 18:20		
LESMILLS BODYBALANCE 20:00 - 20:50	LESMILLS BODYPUMP 19:30 - 20:20	SUPERFIT YOGA 19:30 - 20:50	LESMILLS BODYPUMP 19:30 - 20:20			