



























MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
 SUPERFIT YOGA 09:00 - 10:20		 SUPERFIT BAUCH BEINE PO 09:00 - 09:45				
	 LESMILLS BODYPUMP 10:00 - 10:50	 LESMILLS BODYBALANCE 10:00 - 10:50	 SUPERFIT YOGA 09:30 - 10:50		 ZUMBA FITNESS ZUMBA 10:00 - 10:45	 LESMILLS BODYATTACK 10:00 - 10:45
					 LESMILLS BODYPUMP 11:00 - 11:45	 SUPERFIT BAUCH BEINE PO 11:00 - 11:45
					 SUPERFIT BAUCH EXPRESS 12:00 - 12:20	 LESMILLS BODYPUMP 12:00 - 12:45
					 SUPERFIT YOGA 12:30 - 13:50	 SUPERFIT BAUCH EXPRESS 13:00 - 13:20
	 SUPERFIT BAUCH BEINE PO 16:30 - 17:15					
 LESMILLS BODYPUMP 17:00 - 17:45	 LESMILLS BODYATTACK 17:30 - 18:15	 ZUMBA FITNESS ZUMBA 17:30 - 18:15	 SUPERFIT BAUCH BEINE PO 17:00 - 17:45			 LESMILLS BODYATTACK 17:00 - 17:45
 LESMILLS BODYBALANCE 18:00 - 18:45	 LESMILLS BODYPUMP 18:30 - 19:15	 LESMILLS BODYPUMP 18:30 - 19:15	 LESMILLS BODYCOMBAT 18:00 - 18:45	 LESMILLS BODYATTACK 17:30 - 18:15		 LESMILLS BODYBALANCE 18:00 - 18:50
 LESMILLS BODYCOMBAT 19:00 - 19:45	 SUPERFIT BAUCH EXPRESS 19:30 - 19:50	 LESMILLS BODYCOMBAT 19:30 - 20:20	 LESMILLS BODYPUMP 19:00 - 19:45	 LESMILLS BODYBALANCE 18:30 - 19:15		
 LESMILLS BODYPUMP 20:00 - 20:50	 SUPERFIT YOGA 20:00 - 21:20		 LESMILLS BODYBALANCE 20:00 - 20:50	 ZUMBA FITNESS ZUMBA 19:30 - 20:20		