

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
SUPERFIT YOGA 09:00 - 10:20		SUPERFIT BAUCH BEINE PO 09:00 - 09:45		SUPERFIT BAUCH BEINE PO 09:00 - 09:45		
	LES MILLS BODYPUMP 10:00 - 10:50	LES MILLS BODYBALANCE 10:00 - 10:50	SUPERFIT YOGA 09:30 - 10:50	SUPERFIT RÜCKEN 10:00 - 10:50	ZUMBA FITNESS ZUMBA 10:00 - 10:45	
					LES MILLS BODYPUMP 11:00 - 11:45	LES MILLS BODYATTACK 11:00 - 11:45
					SUPERFIT BAUCH EXPRESS 12:00 - 12:20	LES MILLS BODYPUMP 12:00 - 12:45
					JUMPING FITNESS JUMPING 12:30 - 13:20	SUPERFIT BAUCH EXPRESS 13:00 - 13:20
	SUPERFIT BAUCH BEINE PO 16:30 - 17:15					
LES MILLS BODYPUMP 17:00 - 17:45	LES MILLS BODYATTACK 17:30 - 18:15	ZUMBA FITNESS ZUMBA 17:30 - 18:15	JUMPING FITNESS JUMPING 17:00 - 17:45			LES MILLS BODYATTACK 17:00 - 17:45
LES MILLS BODYBALANCE 18:00 - 18:45	LES MILLS BODYPUMP 18:30 - 19:15	LES MILLS BODYPUMP 18:30 - 19:15	LES MILLS BODYCOMBAT 18:00 - 18:45	LES MILLS BODYATTACK 17:30 - 18:15		LES MILLS BODYBALANCE 18:00 - 18:50
LES MILLS BODYCOMBAT 19:00 - 19:45	SUPERFIT BAUCH EXPRESS 19:30 - 19:50	LES MILLS BODYCOMBAT 19:30 - 20:20	LES MILLS BODYPUMP 19:00 - 19:45	LES MILLS BODYBALANCE 18:30 - 19:15		
LES MILLS BODYPUMP 20:00 - 20:50	SUPERFIT YOGA 20:00 - 21:20		LES MILLS BODYBALANCE 20:00 - 20:50	ZUMBA FITNESS ZUMBA 19:30 - 20:20		