

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
	SUPERFIT YOGA 09:00 - 10:15					
LESMILLS BODYPUMP 10:00 - 10:45	LESMILLS BODYPUMP 10:30 - 11:15	SUPERFIT YOGA 10:00 - 11:15	ZUMBA FITNESS ZUMBA 10:00 - 10:45	SUPERFIT YOGA 10:00 - 11:15	SUPERFIT YOGA 09:30 - 10:45	SUPERFIT BAUCH BEINE PO 10:00 - 10:45
SUPERFIT YOGA 11:00 - 12:20	SUPERFIT BAUCH EXPRESS 11:30 - 11:50	LESMILLS BODYPUMP 11:30 - 12:20	SUPERFIT YOGA 11:00 - 12:20	LESMILLS BODYPUMP 11:30 - 12:20	LESMILLS BODYPUMP 11:00 - 11:45	LESMILLS BODYPUMP 11:00 - 11:45
					SUPERFIT BAUCH EXPRESS 12:00 - 12:20	SUPERFIT RÜCKEN 12:00 - 12:50
					LESMILLS BODYATTACK 12:30 - 13:20	
		ZUMBA FITNESS ZUMBA 16:30 - 17:15	SUPERFIT PILATES 16:30 - 17:15			
SUPERFIT BAUCH BEINE PO 17:00 - 17:45	LESMILLS BODYBALANCE 17:30 - 18:15	LESMILLS BODYATTACK 17:30 - 18:15	SUPERFIT BAUCH BEINE PO 17:30 - 18:15	LESMILLS BODYPUMP 17:00 - 17:45		
LESMILLS BODYPUMP 18:00 - 18:45	JUMPING FITNESS JUMPING 18:30 - 19:15	LESMILLS BODYPUMP 18:30 - 19:15	LESMILLS BODYPUMP 18:30 - 19:15	LESMILLS BODYATTACK 18:00 - 18:45		LESMILLS BODYPUMP 18:00 - 18:50
LESMILLS BODYATTACK 19:00 - 19:50	SUPERFIT BAUCH BEINE PO 19:30 - 20:15	SUPERFIT YOGA 19:30 - 20:50	SUPERFIT YOGA 19:30 - 20:50	JUMPING FITNESS JUMPING 19:00 - 19:50		
	LESMILLS BODYPUMP 20:30 - 21:20					