

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
LESMILLS BODYPUMP 07:30 - 08:15			SUPERFIT PRÄVENTION 07:30 - 08:15			
SUPERFIT BAUCH EXPRESS 08:30 - 08:50	LESMILLS BODYPUMP 08:30 - 09:15	SUPERFIT YOGA 08:00 - 09:15	LESMILLS BODYPUMP 08:30 - 09:15	LESMILLS BODYPUMP 08:30 - 09:15	SUPERFIT BAUCH EXPRESS 09:00 - 09:20	LESMILLS BODYPUMP 09:30 - 10:15
SUPERFIT BAUCH BEINE PO 09:00 - 09:45	LESMILLS BODYBALANCE 09:30 - 10:15	SUPERFIT PILATES 09:30 - 10:15	SUPERFIT BAUCH EXPRESS 09:30 - 09:50	SUPERFIT BAUCH EXPRESS 09:30 - 09:50	LESMILLS BODYPUMP 09:30 - 10:15	SUPERFIT BAUCH EXPRESS 10:30 - 10:50
SUPERFIT PILATES 10:00 - 10:45	SUPERFIT YOGA 10:30 - 11:50	SUPERFIT BAUCH EXPRESS 10:30 - 10:50	SUPERFIT YOGA 10:00 - 11:20	LESMILLS BODYBALANCE 10:00 - 10:45	LESMILLS BODYCOMBAT 10:30 - 11:15	SUPERFIT PILATES 11:00 - 11:45
SUPERFIT YOGA 11:00 - 12:20		LESMILLS BODYPUMP 11:00 - 11:50		SUPERFIT REHA 11:00 - 11:45	SUPERFIT PILATES 11:30 - 12:15	LESMILLS BODYBALANCE 12:00 - 12:45
					LESMILLS BODYBALANCE 12:30 - 13:15	LESMILLS BODYPUMP 13:00 - 13:45
					ZUMBA FITNESS ZUMBA 13:30 - 14:20	ZUMBA FITNESS ZUMBA 14:00 - 14:45
						SUPERFIT BAUCH BEINE PO 15:00 - 15:50
LESMILLS BODYBALANCE 16:00 - 16:45	ZUMBA FITNESS ZUMBA 16:00 - 16:45	SUPERFIT REHA 16:30 - 17:15		ZUMBA FITNESS ZUMBA 15:30 - 16:15	LESMILLS BODYPUMP 16:30 - 17:15	SUPERFIT YOGA 16:00 - 17:15
SUPERFIT BAUCH EXPRESS 17:00 - 17:20	LESMILLS BODYBALANCE 17:00 - 17:45	LESMILLS LMISTEP 17:30 - 18:15	LESMILLS BODYPUMP 17:00 - 17:45	SUPERFIT BAUCH BEINE PO 16:30 - 17:15	SUPERFIT BAUCH EXPRESS 17:30 - 17:50	LESMILLS BODYCOMBAT 17:30 - 18:15
LESMILLS BODYPUMP 17:30 - 18:15	LESMILLS BODYPUMP 18:00 - 18:45	SUPERFIT BAUCH EXPRESS 18:30 - 18:50	LESMILLS BODYCOMBAT 18:00 - 18:45	LESMILLS BODYPUMP 17:30 - 18:15		LESMILLS BODYPUMP 18:30 - 19:15
ZUMBA FITNESS ZUMBA 18:30 - 19:15	SUPERFIT BAUCH EXPRESS 19:00 - 19:20	LESMILLS BODYPUMP 19:00 - 19:45	LESMILLS BODYJAM 19:00 - 19:45	SUPERFIT BAUCH EXPRESS 18:30 - 18:50		SUPERFIT BAUCH EXPRESS 19:30 - 19:50
SUPERFIT BAUCH BEINE PO 19:30 - 20:15	SUPERFIT PILATES 19:30 - 20:15	ZUMBA FITNESS ZUMBA 20:00 - 20:45	LESMILLS BODYATTACK 20:00 - 20:45	SUPERFIT BAUCH BEINE PO 19:00 - 19:50		
LESMILLS BODYPUMP 20:30 - 21:15	LESMILLS BODYATTACK 20:30 - 21:20	LESMILLS BODYBALANCE 21:00 - 21:50	LESMILLS BODYPUMP 21:00 - 21:50			
SUPERFIT BAUCH EXPRESS 21:30 - 21:50						