

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
	SUPERFIT YOGA 08:30 - 09:45		SUPERFIT YOGA 08:30 - 09:45	SUPERFIT BAUCH BEINE PO 09:00 - 09:45	LESMILLS BODYPUMP 09:00 - 09:45	
LESMILLS BODYPUMP 10:00 - 10:45	SUPERFIT PILATES 10:00 - 10:45	SALSATION FITNESS SALSATION 10:00 - 10:45	SUPERFIT RÜCKEN 10:00 - 10:45	ZUMBA FITNESS ZUMBA 10:00 - 10:45	SUPERFIT PILATES 10:00 - 10:45	ZUMBA FITNESS ZUMBA 10:00 - 10:45
SUPERFIT RÜCKEN 11:00 - 11:45	SUPERFIT BAUCH BEINE PO 11:00 - 11:45	SUPERFIT BAUCH BEINE PO 11:00 - 11:45	LESMILLS BODYPUMP 11:00 - 11:45	SUPERFIT YOGA 11:00 - 12:20	SUPERFIT BAUCH BEINE PO 11:00 - 11:45	SUPERFIT BAUCH EXPRESS 11:00 - 11:20
SUPERFIT YOGA 12:00 - 13:20	SUPERFIT RÜCKEN 12:00 - 12:50	SUPERFIT YOGA 12:00 - 13:20	SUPERFIT BAUCH EXPRESS 12:00 - 12:20		LESMILLS BODYCOMBAT 12:00 - 12:50	LESMILLS LMISTEP 11:30 - 12:15
						LESMILLS BODYBALANCE 12:30 - 13:15
						SUPERFIT YOGA 13:30 - 14:50
					SUPERFIT YOGA 15:30 - 16:45	LESMILLS BODYATTACK 15:30 - 16:15
	SUPERFIT BAUCH BEINE PO 16:00 - 16:45				LESMILLS BODYPUMP 17:00 - 17:45	SUPERFIT BAUCH EXPRESS 16:30 - 16:50
LESMILLS BODYPUMP 16:30 - 17:15	ZUMBA FITNESS ZUMBA 17:00 - 17:45	LESMILLS BODYPUMP 16:30 - 17:15	SUPERFIT BAUCH BEINE PO 17:00 - 17:45	LESMILLS BODYATTACK 16:30 - 17:15	LESMILLS BODYATTACK 18:00 - 18:50	LESMILLS BODYPUMP 17:00 - 17:45
LESMILLS BODYBALANCE 17:30 - 18:15	LESMILLS BODYPUMP 18:00 - 18:45	SUPERFIT PILATES 17:30 - 18:15	LESMILLS BODYCOMBAT 18:00 - 18:45	LESMILLS BODYPUMP 17:30 - 18:15		LESMILLS BODYBALANCE 18:00 - 18:45
LESMILLS BODYCOMBAT 18:30 - 19:15	SUPERFIT BAUCH EXPRESS 19:00 - 19:20	LESMILLS BODYCOMBAT 18:30 - 19:15	LESMILLS BODYPUMP 19:00 - 19:45	SUPERFIT YOGA 18:30 - 19:45		SUPERFIT PILATES 19:00 - 19:45
SUPERFIT BAUCH EXPRESS 19:30 - 19:50	LESMILLS BODYATTACK 19:30 - 20:15	LESMILLS BODYATTACK 19:30 - 20:15	LESMILLS BODYBALANCE 20:00 - 20:50	SALSATION FITNESS SALSATION 20:00 - 20:50		ZUMBA FITNESS ZUMBA 20:00 - 20:50
LESMILLS BODYPUMP 20:00 - 20:45	LESMILLS BODYBALANCE 20:30 - 21:20	SUPERFIT BAUCH EXPRESS 20:30 - 20:50				
EXPRESS LES MILLS BODYATTACK 21:00 - 21:25		LESMILLS BODYPUMP 21:00 - 21:50				